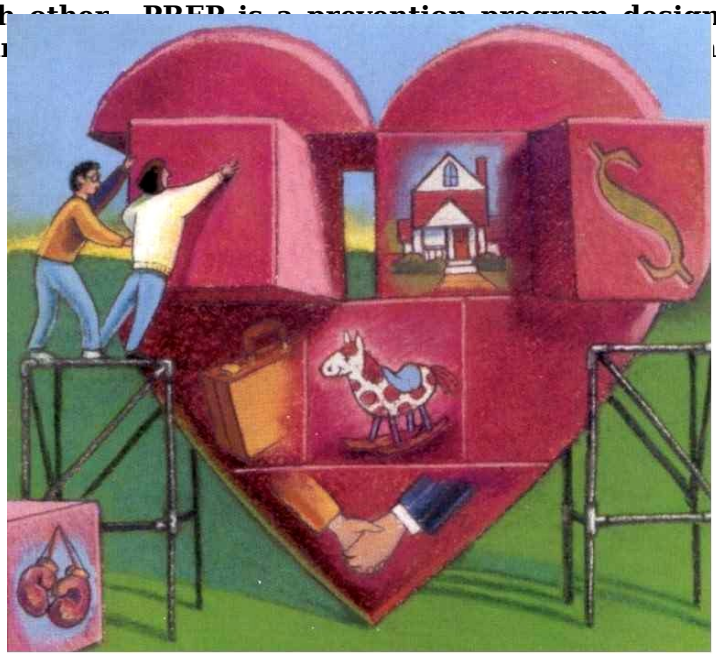
PREP

“Prevention and Relationship Enhancement Program”

PREP is one of the most comprehensive and well respected divorce-prevention and marriage enhancing programs in the world. It is a skills and principles-building curriculum designed to help partners say what they need to say, get to the heart of problems, and increase their connection with each other. PREP is a prevention program designed for couples who are thinking about getti ave been married for a long time.

Workshops
(1 Day)
7 June
(Mon)



Time: 9-4
The Lodge
Casual Dress

All of us need to improve our skills when it comes to loving the most important people in our lives.

Topics Covered

- **Differences in How Men and Women Handle Conflict**
- **Speaker-Listener Technique**
- **Types of Filters in Communication and Perception**
- **Dealing with Hi**
- **Understanding t**

Robins AFB GA
Integrated Delivery System
Resources For Building A Healthy Community

Registration is currently being taken, please contact the